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From Running with Pain to Completing the Leadville Trail 100

Thank you Boulder Therapeutics for making my running goals come true. Because of the great work of Dave Abookire and his staff I went from being in pain just walking to finishing the 2008 Leadville Trail 100. After failing to complete my first attempt at running a 50 mile trail run, I turned to Dave to have Boulder Therapeutics be a big part of my training for the 2007 San Juan Solstice 50 Mile Trail Run. And because of this, it was the first time in over 10 years that I ran without pain. I also successfully completed the San Juan Solstice and felt great!



Crossing the Finish at the 2007 San Juan Solstice 50 mile trail run with my sister Laura

Because of Boulder Therapeutics I did something that I never would have thought possible; actually register for the 2008 Leadville Trail 100! I have been able to run and train at a level that allowed me to train a full year to do what I thought was impossible for me. This year I was able to run nine marathons, three ultra marathons (all 50 mile trail runs) and then run the Leadville Trail 100. 487 runners started the race and only 185 runners finished! Thank you Dave for helping me be one of the 185 runners!



Crossing the finish line at the 2008 Leadville Trail 100 with my crew.

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